COOK for PEACE

When a billion people go hungry each day, how can we spend another dollar on war? Food Not Bombs is an all-volunteer movement that recovers food that would other wise be discarded, and shares free vegan and vegetarian meals with the hungry in over 1,000 cities around the world in protest to war, poverty, and the destruction of the environment. We also provide food and supplies to the survivors of natural disasters, and people participating in occupations, strikes, marches and other protests.

Food Not Bombs is not a charity but seeks to end the crisis of corporate domination and exploitation through nonviolent direct action so no one is forced to stand in line to eat at a soup kitchen or live in the streets. We have no formal leaders and strives to include everyone in our consensus decision-making process. Each group recovers food that would otherwise be discarded; prepares fresh hot vegan and vegetarian meals that are shared in visable public spaces to everyone without restriction; and distributes groceries, clothing and other supplies with the community.

The first group was formed in Cambridge, Massachusetts in 1980 by eight college-aged, anti-nuclear activists. A second group was started San Francisco in 1988 where the police started to arrest our volunteers for the “crime” of making a political statement making over 1,000 arrests. The police have also arrested our volunteers for feeding the hungry in a number of other cities in the United States including Middletown, Connecticut, Tampa and Orlando, Florida, Arcata and Los Angeles, California. Police also made arrests in Belarus. In 1994 Amnesty International declared that any Food Not Bombs volunteer sentenced to prison would be considered a "Prisoners of Conscience" and that they would work for our unconditional release. Nearly a dozen volunteers are currently in prison in the United States framed or entrapped in FBI terrorist plots.

Volunteers have shared food at anti-globalization protests in many cities including Seattle, Cancun, Miami, Gutenberg, and Toronto. Food Not Bombs organized the food relief effort for the survivors of Hurricane Katrina and Sandy. Volunteers also fed the rescue workers in New York after 9/11; started animal rescue shelters in Slovakia; provided food for 100 days during the Orange Revolution in the Ukraine; fed Camp Casey in Texas, border camps in Palestine, Poland and Mexico; striking workers in Korea; help over throw the government of Iceland; supported kitchens at hundreds of occupations including Occupy Wall Street, Boston, Washington DC., Moscow and Budapest.

Food Not Bombs works in coalition with groups like Earth First!, Farm Animal Rights Movement, the IWW, and Anti Racist Action. Food Not Bombs activists have started projects like Indymedia, Bikes Not Bombs, Homes Not Jails, Food Not Lawns, the free radio movement, Really Really Free Markets, Anarchists Against the Wall and many other grassroots efforts. The movement has a 184 page book "Hungry For Peace" that provides the information to help people start and maintain a local Food Not Bombs chapter. A copy is available on the website. You can join Food Not Bombs in taking direct action towards creating a world free from domination, coercion and violence.

Food is a right, not a privilege...Solidarity not charity.

FOOD NOT BOMBS

P.O. Box 424, Arroyo Seco, NM 87514 USA
1-800-884-1136
www.foodnotbombs.net

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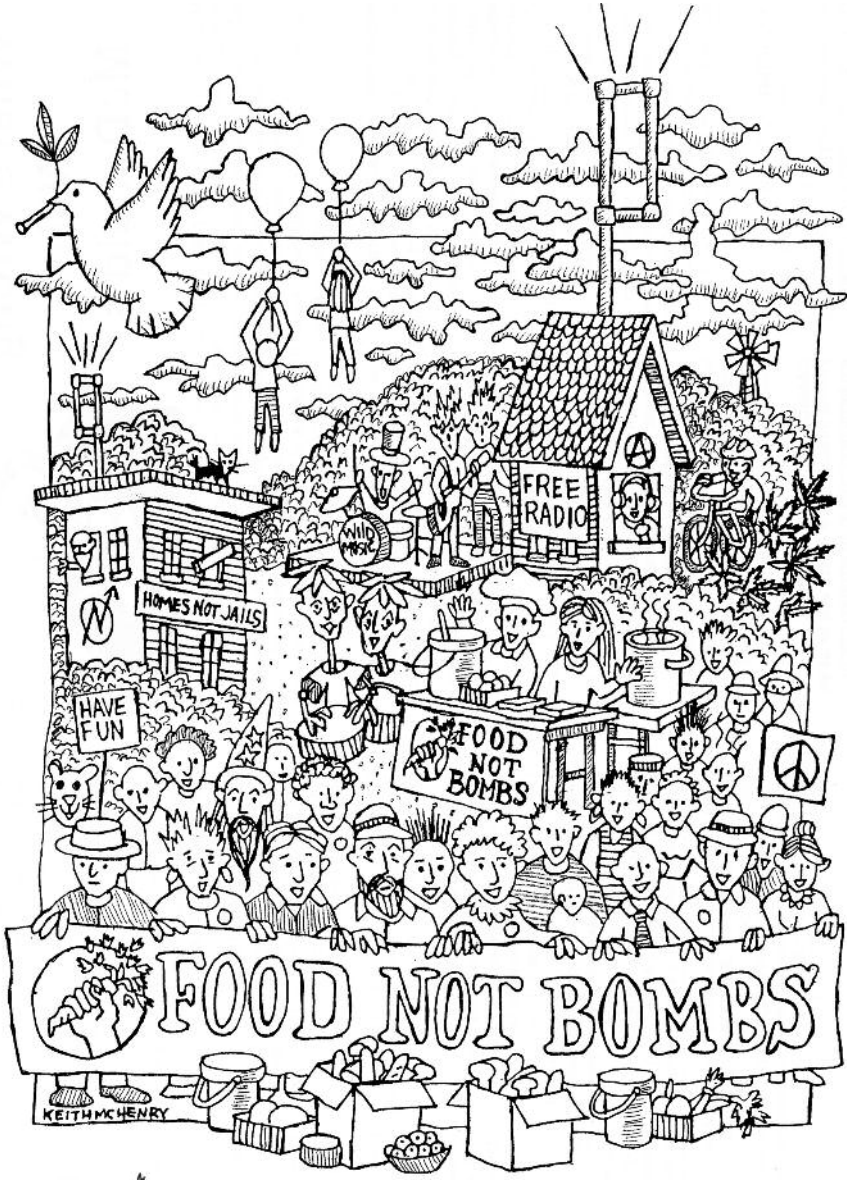

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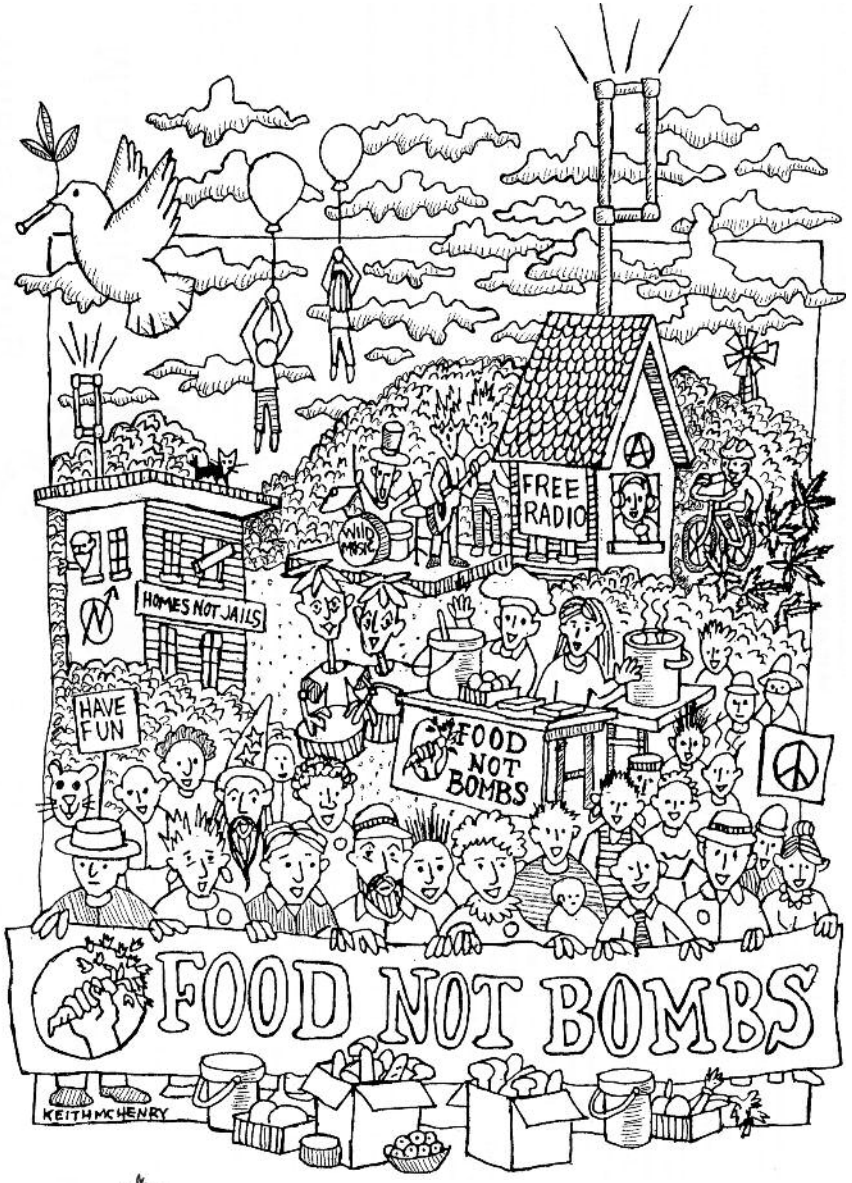

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